



THROUGH ATHLETICS
WE SUPPORT SPORTSMANSHIP

Olympic Conference Indoor Track and Field Meets

You are cordially invited to participate in two track meets hosted by the Olympic Conference at the Toms River Bennett indoor facility, Friday, December 14, 2018, 5:00pm start, and Saturday, January 12, 2019, 9:00am start.

December 14, 2018

CONTESTANTS:

1. School entry limited to 1 relay per event; **(2 ATHLETE ENTRY IN FIELD EVENTS)**
2. Two sections will be run for each event. The first section will be for Olympic Conference teams, the second section will be for the ten schools who sign-up via the contract (this is large-small school combined).

AWARDS: Medals to places 1-3 in both sections

ENTRY PROCEDURES:

1. **Milesplit entry process on line**
2. Sign the contract and SUBMIT THE ENTRY FORM

ORDER OF EVENTS: (Girls first in all events)

Distance Medley Relay
Shuttle Hurdle Relay
800 meter Relay
3200 meter Relay
Sprint Medley Relay
1600 meter Relay

Pole Vault Boys and Girls 2 pits
Shot Put Boys then Girls
High Jump Boys and Girls 2 pits

(combine both Olympic Conference and invitee's-separate awards)



Olympic Conference Indoor Track and Field Meets

JANUARY 12, 2019

CONTESTANTS:

1. School entry limited to 3 per event; ***(2 ATHLETE LIMIT ENTRY IN 3200m)***
1 relay entry per event
2. Two sections will be run for each event. The first section will be for Olympic Conference teams, the second section will be for the ten schools who sign-up via the contract (this is large-small school combined).

AWARDS: Medals to places 1-3 in both sections

ENTRY PROCEDURES:

1. ***Milesplit entry process on line***
2. Sign the contract and SUBMIT THE ENTRY FORM

Girls first in all events

4x800 meter relay
55 meter hurdle trials
55 meter dash trials
1600 meter run
55 meter hurdle finals
55 meter dash finals
400 meter dash
800 meter run
3200 meter run
4x400 meter relay

Pole Vault Boys and Girls 2 pits
Shot Put Boys then Girls
High Jump Boys and Girls 2 pits

(combine both Olympic Conference and invitee's-separate awards)



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_____ High School intends to participate in the Olympic

Conference Indoor Track meet indicated below: (indicate by placing an X in the appropriate box of participation.)

SEND ENTRY COPY TO ED COLONA @ 118 JAMES STREET
BURLINGTON, NJ 08016

Date	Boys	Girls
12/14/18 5-10:00pm		
1/12/2019 9:00 am – 1:00pm		

Checks made out to OLYMPIC CONFERENCE

Ed Colona
Meet Director

c/o Brian Laddy
Lenape High School
235 Hartford Road
Medford, NJ 08055

609-386-5463
609-381-8615 (c)
ecolona@comcast.net

Athletic Director Signature _____

Principal signature _____

Date _____